



ERECTILE DYSFUNCTION REGENERATION PROTOCOL

RESTORE · BLOOD · FLOW · IMPROVE · PERFORMANCE · REBUILD · FUNCTION

INCREASED
BLOOD FLOW

TISSUE
REGENERATION

ENHANCED
PERFORMANCE

LONG-TERM
RESULTS

“

*This protocol targets the underlying vascular cause of erectile dysfunction
— not just symptom management.*

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HOW ORTHOWAVE WORKS — 3 MECHANISMS OF ACTION
Targeting the vascular root cause of erectile dysfunction

VASCULAR RESTORATION	CELLULAR REGENERATION	FUNCTIONAL PERFORMANCE
<ul style="list-style-type: none"> Stimulates angiogenesis Improves arterial inflow Restores penile hemodynamics 	<ul style="list-style-type: none"> Activates nitric oxide pathways Repairs smooth muscle tissue Enhances tissue elasticity 	<ul style="list-style-type: none"> Improves rigidity Enhances sustainability Reduces medication dependency

CLINICAL PROTOCOL

Sessions:	6–12 treatments
Frequency:	2x per week
Duration:	10 – 15 min each
Tip:	D10 — primary ED applicator

DEVICE PARAMETERS

FREQUENCY	5 – 8 Hz
PRESSURE	1.0 – 2.5 bar
PULSES	3,000 – 6,000

IDEAL CANDIDATES

✓	Vasculogenic erectile dysfunction
✓	Mild to moderate ED
✓	Poor response to PDE5 inhibitors
✓	Age-related vascular decline
✓	Early-stage diabetic vascular impairment

CLINICAL ADVANTAGES

NON-INVASIVE	No anesthesia, no incisions
DRUG-FREE	Natural healing stimulation
NO DOWNTIME	Return to normal activity immediately
HIGH COMPLIANCE	Comfortable, well-tolerated treatment

HEAD MOVEMENT TECHNIQUES — D10 TIP · ED PROTOCOL
Specific applicator motion per zone · Always use coupling gel · Start at 1bar and progress

TREATMENT ZONE	BAR	Hz	PULSE S	HEAD MOVEMENT	TECHNIQUE NOTES
Penile Shaft (Dorsal)	1–2	5-8	500–800	<i>Slow circular motion</i>	Small overlapping circles along the full dorsal length. Move slowly distal to proximal. Maintain constant contact. Repeat 2–3 passes.
Penile Shaft (Lateral — Both)	1–2	5-8	500–800	<i>Slow circular motion</i>	Same circular technique on each lateral surface. Treat left then right. 2 passes per side.
Penile Base (Primary Focus)	1.5–2.5	5-8	600–1,000	<i>Focused hold + small circles</i>	Hold stationary 200–300 pulses at primary vascular entry point. Follow with small slow circles. Highest-yield zone.
Perineum	1.5–2	5-8	400–600	<i>Slow circular motion</i>	Position in perineal region. Slow overlapping circles. Patient may feel deep pressure — normal response.
Suprapubic Region	1.5–2.5	8-12	400–600	<i>Slow linear strokes</i>	Linear strokes superior to pubic bone. Treats proximal vascular supply. Keep movement slow near bony prominence.

SESSION ORDER — EVERY VISIT

1	Penile Shaft — Dorsal	500–800 pulses · 1–2 bar · slow circular
2	Penile Shaft — Lateral	500–800 pulses each side · 1–2 bar · circular
3	Penile Base	600–1,000 pulses · 1.5–2.5 bar · hold + circles
4	Perineum	400–600 pulses · 1.5–2 bar · slow circular
5	Suprapubic Region	400–600 pulses · 1.5–2.5 bar · linear strokes

EXPECTED RESULTS

✓	Improved erectile rigidity and hardness
✓	Enhanced erection sustainability
✓	Increased spontaneous erectile function
✓	Reduced reliance on PDE5 inhibitor medication
✓	Greater patient confidence and quality of life
✓	Results continue improving 4–8 weeks post-treatment

HEAD MOVEMENT VISUAL GUIDE

Apply these motion patterns at each zone for maximum therapeutic effect

01 CIRCULAR MOTION	<i>Warm up zone</i>	Small controlled overlapping circles. 2–3 cm diameter. Move distal to proximal. Used on shaft dorsal, lateral, and perineum zones. Slow = deeper penetration.
02 FOCUSED HOLD	<i>Primary vascular target</i>	Hold applicator stationary for 200–300 pulses on the penile base. This is the highest-yield zone for neovascularization. Do not rush this step.
03 LINEAR FLUSH	<i>Distribute and complete</i>	Slow linear strokes along the suprapubic region and between zones to distribute acoustic energy evenly. Always finish broad to flush metabolites.

**NEVER EXCEED 2.5
BAR**

Always start at 1 bar and
progress gradually

COUPLING GEL REQUIRED

Reapply between every
zone.
Never treat without gel

**SLOW = DEEPER
PENETRATION**

Slow applicator movement
drives deeper acoustic
penetration

**RESULTS CONTINUE 4-8
WKS**

Neovascularization matures
weeks after final session

**NON-INVASIVE · DRUG-FREE · NO DOWNTIME · SAFE &
EFFECTIVE**

**SCIENCE-BACKED · RESULTS-DRIVEN ·
PRACTICE-READY**